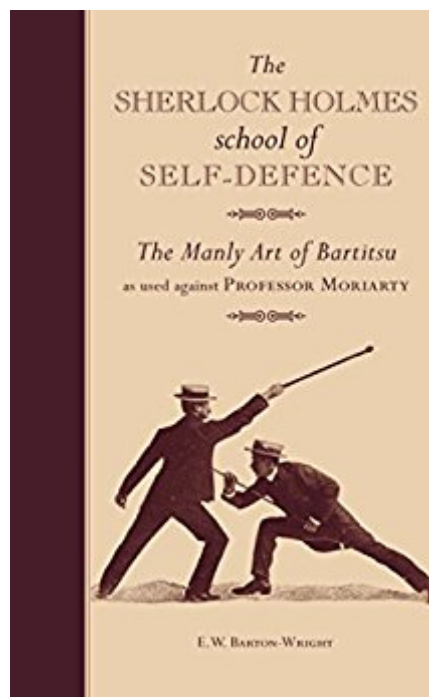




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# The Sherlock Holmes School Of Self-Defence: The Manly Art Of Bartitsu As Used Against Professor Moriarty



## Synopsis

When Sherlock Holmes wrestled Professor Moriarty on the Reichenbach Falls, he was employing a system of self-defence that was popular in Victorian Britain - the little known art of Bartitsu. Learn how to defend yourself against an attacker using Bartitsu - with an overcoat, cane, or umbrella or even just your bare hands - accompanied by historic documents and illustrated instructions.

## Book Information

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## Customer Reviews

I admit to having a passion for the martial arts and self-defense systems both modern and those taught in the past. I ordered this book way back in December of 2012 and I guess because it was published in the United Kingdom (in 2011) it took more than four months to finally get this book delivered to me. This little hardcover text supposedly teaches the self-defense system (Bartitsu) used by the great fiction detective Sherlock Holmes. Since I am a fan of both the martial arts and Sherlock Holmes I just had to order a copy of this little book. This volume is printed on slick paper and it is printed beautifully. There are eight short chapters in this volume. They include the following: The introduction explains the development of Bartitsu and admits that most of the techniques came originally from Japanese Jujitsu, combined with the author's own experience in

other systems such as boxing, stick fighting, etc. Chapter one shows how to deal with undesirables. Chapter two explains how to escape when attacked from the rear. Chapter three deals with escapes when you are grabbed. Chapter four covers defense against an unarmed opponent. Chapter five explains the use of the stout stick. Chapter six covers the use of the short stick or umbrella. Chapter seven explains how to throw and hold a man on the ground and the last chapter shows self-defense from a bicycle. Believe it or not, many of the techniques shown are valid self-defense techniques; however, many are also dated and are not techniques I would teach my students. Nevertheless, I liked this book because it shows the techniques and methods that were taught in the past in both England and the United States. In conclusion, if you are interested in self-defense from a historical perspective, and you are also a fan of Sherlock Holmes, you may want to check out this book. Rating: 4 Stars. Joseph J. Truncale (Author: Use of the Monadnock Straight Baton (MEB) )

i received the product in good condition. thank you.

This book is my first taste of bartitsu, and i like it a lot. This book has many techniques, mostly ju jitsu throws, holds, and escapes. There are many techniques for cane defense as well as an odd section on bicycle defense. As a martial artist there are a few moves in this book that could be readily adapted to self defense.

GOT IT JUST LIKE IT SAID IT WAS... THANK YOU MUCH... CHEERS

Fun curiosa but not really all that practicable.

I enjoy reading about all types of fighting styles of all types of cultures. The rewind into the culture and language of over a entry ago, and the art of being a gentleman, really enjoyed.

Although hard work is still required, all the information is here to guide you into the this vintage art. Fine illustrations and generous narrative aid in the deployment of these skills.

Reading this book is not enough. It is the start of an ongoing study and lots of practise. I am very much enjoying this.

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